

Groepslessen

maandag	dinsdag	woensdag	donderdag	vrijdag	zaterdag
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8:30	Preventieve training	Joey	8:30	Preventieve training	Joey	8:30	Preventieve training	Tijs	8:30	Preventieve training	Tijs	8:30	Preventieve training	Joey	
9:45	Preventieve training	Joey	9:45	Preventieve training	Joey		9:45	Preventieve training	Marleen	9:45	Preventieve training	Tijs	9:45	Preventieve training	Joey

11:00	Pilates	Bernadette	11:00	Preventieve training	Marleen
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13:30	Preventieve training	Tijs
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Sport Medisch Centrum

Schoolstraat 53C, 3742 CD Baarn · www.ftbbaarn.nl T (035) 543 5983

13:30	Preventieve training	Tijs
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Tarieven (per 4 weken)	
1 x per week	€ 29,95
2 x per week	€ 44,95
3 x per week	€ 59,95
4-5 x per week	€ 69,95

16:00	Fit for Kids	Tijs
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17:30	Aquafit	Tijs
18:00	Preventieve training	Marit
18:10	Aquafit	Tijs
19:15	Preventieve training	Marit
20:30	Preventieve training	Marit

18:00	Pilates	Bernadette
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19:15	Pilates	Bernadette
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20:15	Pilates	Bernadette
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19:15	Preventieve training	Joey
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18:00	Preventieve training	Marit
19:15	Pilates	Anita

20:30	Preventieve training	Marit
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19:15	Sportteams	Eric
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Volg ons op:

